

# 2011 Humanitarian Projects

## Youth:

### **Costa Rica School**

We were able to help a very rural school, way up in the hills of Costa Rica about an hour from Dominical. We brought the school lots and lots of notebooks, school supplies, first aid items, backpacks and even some toys for the seventeen children that attend. Unfortunately when we arrived at the school it was not a school day, it was a holiday. So we left the supplies inside the school, it was not a fully enclosed building so we could just walk in and leave the boxes... with a note. We were also amused to see the out houses a small distance from the school.

## Indigenous Cultures:

### **Buffalo Blessings**

"Buffalo Blessings" is for the Hopi Elders - 100% goes to them! They also take food: rice, beans, warm blankets and warm coats for older people. They actually go onto the reservation....bypassing the people that would take all the good stuff.

## Extreme Poverty:

### **Thailand**

We have a friend who lives in Thailand who has told us about a single mother who has several children and is close to losing her apartment because she is unable to work at this time due to illness. We are raising money for this woman and her family so they can keep their home and provide some good food to eat. Thank you Blake for letting us know about this need.

## Women's Causes:

### **Midvale Women's Shelter**

Goddess's Unite, this year's ladies night we raised money for the Midvale Women's shelter. We are amazing holiday help for the children and mothers at the Midvale Women's shelter. We were able to get all the children in the shelter clothing and toys, these are the women I've been volunteering to teach yoga and have discussion groups. They are all young women with young children struggling to get on their feet. Many of them have self-esteem issues. I have gotten to know and love these women and I am so grateful for all your assistance in bringing a van load of items for these women and children. I love you all, Grace.

## Giving Tree:

We will be helping two families and seven children.